

PREPARATION FOR CAMP WEEKEND

Here are a few things to think about before you come to the camp:

1. Please have your own equipment or have rented equipment for the camp. The demo equipment is to “demo” not to use for the whole day. (Ski Haus and SSTC will be discounting rental equipment for the camp—pick up Fri).
2. Bring a water bottle and holder so that you can stay hydrated while out on the ski trails.
3. Dress in breathable layers: light wicking layer close to skin, followed by a breathable, light fleece or soft-shell, follow by a wind jacket or warmer layer if needed. An extra hat and gloves are also nice to have so that you can have dry ones for the afternoon.
4. Lunch both days will be warm and hearty. There will be meat and vegetarian options. We are un-able to accommodate other food restrictions.

Acknowledgement of and assumption of risk and release

I, _____
 Know that Nordic skiing is an action sport carrying risk of serious injury, death or property damage. I also know that there are natural and environmental conditions and risks, which independently or in combination with my activities may cause property damage or severe or even fatal injuries to others or me.

I agree that I am alone responsible for my safety while participation in events and or training before or after the event specifically acknowledge that the Lake Catamount Touring Center and their officials and employees are not responsible for my safety. I specifically RELEASE and DISCHARGE in advance those parties from any and all liability whether know of unknown even though that liability may arise out of negligence or carelessness on the part of persons or entities mentioned above. I agree to accept all responsibility for the risks, conditions and hazards that may occur whether they are known or unknown.

Being fully aware of risks, conditions and hazards of the proposed activity as a competitor, coach or official, I HEREBY AGREE TO WAIVE, RELEASE AND DISCHARGE any and all claims for damages, for death, personal injury or property damage which I may have hereby occur to me as a result of participation in this event against any person or entity mentioned above whether such injury or damage was foreseeable. I further agree to forever HOLD HARMLESS AND INDEMNIFY all persons and entities identified above, generally or specifically from any and all liability for death and/or personal injury or property damage resulting in any way from participation in events or training before or after the event. I agree and abide by the rules and regulations of the Lake Catamount Touring Center and other rules and regulations imposed by the organizers of any particular event. This acknowledgment of an assumption of Risk and Release shall be binding upon my heirs and assigns.

Date: _____ Signature: _____

By signing the Acknowledgement of and Assumption of Risk and Release as Parent/Guardian, I am consenting to the participants participation in the event, skiing and training and acknowledge that I understand that any and all risk, known and unknown, is expressly assumed by me. All claims, weather known or unknown are expressly waived in advance.

Date: _____ Signature: _____
 (Signature of Parent/Guardian if participant is under 18 years of age)

Steamboat Springs Early Winter Nordic Camp / Festival Dec. 16 - 17

Don't Miss

Fri. Dec. 15
 wax clinic at Ski Haus

*All Levels and Abilities
 Never-ever to Advanced!*

Sponsored by



THE NORDIC LINK
www.thenordiclink.com



Friday Dec. 15
Ski Haus International

7:00 P.M Kick off Party/Wax clinic
SKI HAUS

Late registration; packet pickup

Saturday Dec.16
Lake Catamount Touring Center

8:30 - Late Registration

9:00 -Morning clinics: you will have your choice...

- Skate Technique •Classical Technique

12:00 - Lunch - provided by Catamount Ranch and Club

1:00 - Afternoon clinics:

- Skate Technique •Classical Technique

3:30 - Wax clinic—industry reps

4:30 -Happy hour, Prize drawing, Industry reps on hand

Sunday Dec. 17
Steamboat Ski Touring Center

9:00 – Morning clinics:

- Skate Technique •Classical Technique •Video Analysis

12:00 – Lunch - provided by SSTC, Prize Drawings

1:00 – Afternoon clinics:

- Skate Technique •Classical Technique •Video Analysis

4:00 – Closing Ceremony

**For Driving directions to Steamboat Springs and the
Touring Centers: www.steamboatxski.org**

For More information and lodging options:

www.thenordiclink.com

The Nordic Link (970) 846-9206 or Ski Haus (970) 879-0385

Name: _____

Address: _____

Phone: _____

Email: _____

Please give us an idea of what level skier you consider yourself:

___ **Beginner** ___ **Intermediate** ___ **Advanced** ___

Please check the camp days you will attend:

___ **Saturday and Sunday \$125 before Dec. 8**
(\$135 after Dec. 8)

___ **Saturday only \$85 (\$95 after Dec 8)**

___ **Sunday only \$85 (\$95 after Dec 8)**

Fee includes:

- **Two clinics per day**
- **Trail passes**
- **Waxing clinic**
- **Demo equipment available:** try the latest from Fischer, Salomon, SWIX, Rossignal, Atomic, Toko
- **Professional Coaching**
- **Lunch both days**
- **Saturday happy hour, prize drawing**
- **Industry representatives on hand**
- **On snow video analysis Sunday only**
- **Free Swag both days!**

*Discounted Equipment Rentals are available at Ski Haus and SSTC
(call to reserve, pick up on Friday)

Please make checks payable to Ski Haus. We regret we are unable to offer refunds

Drop off: Ski Haus or Lake Catamount Touring Center or SSTC

Mail: Attn: Nordic Ski Camp , Ski Haus, PO Box 770488
Steamboat Springs, CO. 80477

How'd you hear about this event? _____

Register at Ski Haus or the Lake Catamount Touring Center or SSTC

Please Sign Release Form on back →